

Supplement Facts

Serving Size: 1 Fl. Oz. (2 Tbs) • Servings Per Container - 32

SUGGESTED USE: Take 1oz Daily. Up to 3oz may be taken if needed. Can be mixed with water or taken by itself, following with water is HIGHLY recommended. Can be taken any time but best if taken ½ oz after breakfast and ½ after lunch. Interference with sleep is possible for some individuals if taken in the evening. **SHAKE WELL BEFORE EVERY USE** (settling is normal). **REFRIGERATE AFTER OPENING.**

	Amount Per Serving	% DV*
Calories	48	2.4%
Total Carbohydrates	11 g	2.0%
Fat	< 1 g	< 1.0 %
Sodium	23 mg	< 1.0 %
Dietary Fiber	2 g	8.0%
Vitamin A (as natural beta carotene and mixed carotenoids)	2500 IU	50%
Vitamin B1 (as natural thiamine pyrophosphate)	3.0mg	200%
Vitamin B1-Benfortiamine (as BenfoPure® Benfortiamine)	20 mg	†
Vitamin B2 (as riboflavin 5'-phosphate)	11.9 mg	700%
Vitamin B3 (as niacinamide)	50 mg	250%
Vitamin B5 (as d-calcium pantothenate)	15 mg	250%
Vitamin B6 (as pyridoxal 5'-phosphate)	13.5 mg	725%
Vitamin B8 (as inositol hexanicotinate)	20 mg	100%
Vitamin B12 (as methylcobalamin)	150 mcg	2450%
Folate (as 5-MTHF, lemon peel)	400 mcg	100%
Biotin	300 mcg	100%
Vitamin C (from Camu camu berries and rose hips combined with citrus bioflavonoids, Sago palm, Acerola and mineral ascorbate)	300 mg	500%
Vitamin D-3 (as cholecalciferol)	2500 IU	625%
Vitamin K2 (as Mena-Q7®)	100 mcg	125%
Vitamin E (as mixed tocopherols)	15 IU	50%
Calcium (as Albion Labs' Calcium Lactate Gluconate, Ascorbate, Malate, Lithothamnion red algae)	300 mg	30%

Cardiovascular and Brain Support Blend: Hawthorn Berry (fructus crataegi) 4:1 Extract, Horse Chestnut (aesculus hippocastanum) (seed), Pine Bark, Garlic (allium sativum) (cloves)

GI Health Blend: Organic Plant Digestive Enzyme Blend - Bromelain, Papain, Amylase (starch liquefying and digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase and Hemicellulase (digestion of cellulose material), Lactase (milk and dairy digesting), NutraFlora ScFOS Prebiotic Blend, digestion resistant maltodextrin, Isomaltoligosaccharides (prebiotic fiber), Parsley (petroselinum crispum) (aerial parts), Cinnamon (cinnamomum zeylanicum) (bark), Fenugreek (trigonella foenum-graecum) (seed)

Stress Relief, Energy and Stamina Blend: Lithothamnium Calcareum, Cultivated Seaweed (laminaria digitata), Phlorotannin extract from Canary Island marine algae, Fenugreek, Holy Basil (Ocimum sanctum), Alpine Tea, Chromium

Antioxidant and Immune Wellness Blend: Pomegranate (punica granatum), Acai Berry (Euterpe oleracea mart), Goji (Lycium barbarum), Wild Blueberry (Vaccinium Angustifolium) (fruit) Extract, Olive Leaf Extract (olea europaea) (15% oleuropein), Amla (Phyllanthus emblic), Mangosteen extract (garcinia mangostana), Noni Extract (morinda citrifolia) (fruit), Wild Bilberry (Vaccinium myrtillus) (fruit) Extract, Elderberry (Sambucus nigra) (fruit) Extract

	Amount Per Serving	% DV*
Magnesium (as Albion TRAACS(R) Magnesium Bisglycinate Chelate, gluconate, malate, chloride and lithothamnion red algae)	300 mg	60%
Zinc (as Albion TRAACS® Zinc Bisglycinate Chelate, and picolinate)	15 mg	100%
Selenium (as L-Seleniomethionine)	70 mcg	100%
Manganese (as Albion TRAACS® Manganese Bisglycinate Chelate)	1 mg	50%
Chromium (as Albion TRAACS® Nicotinate Glycinate Chelate, and polynicotinate)	120 mcg	100%
Fulvic & Humic Acids	325 mg	†
Molybdenum (as Albion TRAACS® Molybdenum Glycinate Chelate, and molybdenate)	75 mcg	100%
Boron (as Bororganic™ Glycine)	2 mg	†
Elemental Silica (from Bamboo extract, and Horsetail Extract (equisetum arvense)(7% Silica) (aerial stems)	15 mg	†
MSM (as OptiMSM™)	250 mg	†
N-Acetyl-Cysteine (NAC)	100 mg	†
Glutamine	200 mg	†
L-Glycine	50 mg	†
Taurine	100 mg	†
Betaine HCl	100 mg	†
L-Citrulline	250 mg	†
N-Acetyl Tyrosine (NALT)	75 mg	†
R-Alpha Lipoic Acid (as Sodium R-Alpha Lipoate)	30 mg	†
CoQ10	50 mg	†

†Daily Value not established.

Amino Acid Blend: L-Alanine, L-Arginine, L-Aspartic Acid, L-Cystine, L-Glutamic Acid, L-Histidine, L-Isoleucine, L-Leucine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Valine

Including Macro, Micro and Trace Mineral Blend from Fulvic and Humic Acids: Iodine Potassium, Carbon, Silicon, Sodium, Sulfur, Lithium, Thorium, Lanthanum, Zirconium, Neodymium, Gallium, Cerium, Praseodymium, Cobalt, Barium, Samarium, Chloride, Tin, Niobium, Hafnium, Dysprosium, Rubidium, Tungsten, Beryllium, Yttrium, Erbium, Palladium, Titanium, Ytterbium, Germanium, Europium, Iodine, Cesium, Scandium, Terbium, Bromine, Holmium, Bismuth, Silver, Thulium, Rhodium, Lutetium, Indium, Antimony, Platinum, Gold, Iridium

Essential Fatty Acids Blend: Flax Oil (omega 3 fatty acids), Borage Oil (source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids), Evening Primrose (GLA), Sunflower Lecithin (providing phosphatides), Sunflower oil, Linolenic Acid (omega fatty acids)

Alkalinizing and Detoxification Group: Aloe (Aloe barbadensis), Dandelion Greens (Taraxacum officinale)

Other Ingredients: Purified Water, Natural flavoring, Stevia (Stevia rebaudiana), Vegetable Glycerin USP, Natural Preservatives, Citric acid

WARNING: Consult your healthcare professional before use if pregnant, nursing, taking medications or for any use by minors. Do not use if safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** This product is not intended to diagnose, treat, cure, or prevent any disease. These statements have not been evaluated by the FDA. For nutritional use only.

32 FL. OZ • 1 QUART
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